

**FISH**

|  |    |
|--|----|
| <b>Grilled Salmon</b>  | 28 |
| <i>asparagus, whipped mash, sweet bbq sauce</i>  |    |
| <b>Mango Glazed Salmon</b>   | 26 |
| <i>hawaii style fried rice, mango cucumber chutney</i>                                   |    |
| <b>Blackened Salmon</b>  | 26 |
| <i>roasted corn salad, grilled asparagus, dill pesto sauce</i>                           |    |
| <b>Grilled Tuna</b>  | 28 |
| <i>cajun style, marinated cucumber, cherry tomato, warm couscous salad, tahini sauce</i> |    |
| <b>Tuna Watermelon</b>   | 28 |
| <i>seared tuna, avocado ceviche, watermelon, feta, lemon oil, balsamic</i>               |    |
| <b>Grilled Barramundi</b>  | 30 |
| <i>herb roasted potatoes, mediterranean salad, lemon cilantro dressing</i>               |    |

**FISH ADD-ONS**

ADD YOUR CHOICE OF FISH TO SALADS AND PASTAS FROM MENU

6 OZ., NO SIDES, COOKED TO YOUR PREFERRED TEMPERATURE

CHOOSE FROM BBQ, HONEY MUSTARD OR TARTAR SAUCE

|                                  |    |
|----------------------------------|----|
| <b>Grilled Salmon</b>            | 12 |
| <b>Cajun Spiced Salmon</b>       | 12 |
| <b>Grilled Barramundi</b>        | 14 |
| <b>Cajun Spiced Tuna Steak</b>   | 14 |
| <b>Sesame Crusted Tuna Steak</b> | 14 |
| <b>Pepper Crusted Tuna Steak</b> | 14 |

**PASTA**

|   |    |
|---|----|
| <b>Penne a la Vodka</b>   | 19 |
| <i>classic pink vodka sauce, grated parm</i>  |    |
| <b>Fettuccine Alfredo</b>   | 20 |
| <i>classic white alfredo sauce, grated parm</i>   |    |
| <b>Baked Shells</b>   | 20 |
| <i>ricotta, mozzarella, charred eggplant, grated parm, pink sauce</i>                             |    |
| <b>Mac n Cheese</b>   | 18 |
| <i>three cheese blend, season crispy bread crumb topping</i>                                      |    |
| <b>Zucchini Spaghetti</b>   | 22 |
| <i>zoodles, tomato, garlic, choice of marinara or cream sauce</i>                                 |    |
| <b>Eggplant Rollatini</b>   | 22 |
| <i>grilled eggplant, stuffed with spaghetti squash, mozzarella, marsala marinara</i>              |    |
| <b>Mushroom Ravioli</b>   | 22 |
| <i>filled with ricotta, mozzarella, roasted mushroom, choice of white, pink or marinara sauce</i> |    |
| <b>Eggplant Parmesan</b>  | 22 |
| <i>crispy eggplant, melted fresh mozzarella, marinara, grated parm</i>                            |    |
| <b>Summer Gnocchi</b>   | 22 |
| <i>grilled corn, cherry tomato, ricotta, lite cream sauce</i>                                     |    |
| <b>Spaghetti</b>  | 22 |
| <i>slow cooked salmon, fresh mozzarella, fried capers, marinara, grated parm</i>                  |    |
| <b>Rigatoni Cacio e Pepe</b>  | 22 |
| <i>green peas, asparagus, cracked black pepper, lemon zest, parmesan</i>                          |    |
| <b>Agnolotti</b>  | 22 |
| <i>filled with asparagus and mozzarella, roasted garlic, spinach cream sauce</i>                  |    |
| <b>Pappardelle</b>  | 22 |
| <i>house-made tomato herb pasta, sundried tomato cream sauce with roasted red peppers</i>         |    |

**TOASTS AND MELTS**

CHOOSE SOURDOUGH, WHOLE GRAIN, REG, WW OR GF WRAP

COMES WITH HOMEMADE CHIPS

|  |    |
|--|----|
| <b>Avocado Toast</b>   | 11 |
| <i>smashed avocado, everything spice, smoked paprika, evoo</i>                     |    |
| · <b>add egg, any style</b>  | 2  |
| · <b>add lox</b>   | 4  |
| <b>French Onion Melt</b>   | 13 |
| <i>slow cooked sweet onion, swiss, mozzarella</i>                                  |    |
| <b>Mac n Cheese Melt</b>   | 13 |
| <i>house cheese blend, herbs</i>   |    |
| <b>Grilled Cheese Melt</b>   | 13 |
| <i>smoked mozzarella, american, cheddar</i>  |    |
| <b>Tuna Melt</b>   | 13 |
| <i>cheddar, grilled tomato</i>   |    |
| <b>Old School Tuna Sandwich</b>  | 11 |
| <i>romaine lettuce, grilled tomato</i>   |    |
| <b>Tomato Mozzarella Melt</b>  | 13 |
| <i>fresh mozzarella, sliced tomato, basil</i>                                      |    |
| <b>Mushroom and Swiss Melt</b>   | 13 |
| <i>roasted mushrooms, swiss cheese</i>   |    |
| <b>Lox and Cream Cheese Toast</b>  | 15 |
| <i>house cured salmon, whipped cream cheese, capers, chives and touch of lemon</i> |    |
| <b>Veggie Bruschetta Toast</b>   | 15 |
| <i>tomato, zucchini, red onion, garlic, basil, olive oil, balsamic reduction</i>   |    |

**OFF THE GRIDDLE**

|  |    |
|--|----|
| <b>Crispy Flounder Taco</b>  | 15 |
| <i>homemade soft corn shell, panko crusted flounder, fresh guac, diced tomato salsa, sour cream, pickled red onion</i> |    |
| <b>Blackened Salmon Taco</b>   | 15 |
| <i>homemade soft corn shell, blackened salmon, fresh guac, asian cabbage slaw, spicy mayo</i>                          |    |
| <b>Mushroom Quesadilla</b>   | 15 |
| <i>three cheese blend, roasted mushroom and corn, tomato, onion, sides of guac, sour cream, and salsa</i>              |    |
| <b>Spinach Quesadilla</b>  | 15 |
| <i>spinach, onion, tomato, mozzarella, marinara, side of guac</i>  |    |

**SOUPS**

|                          |   |
|--------------------------|---|
| <b>Cream of the Day</b>  | 7 |
| <b>Veggie of the Day</b> | 6 |

**SIDES**

|  |   |
|--|---|
| <b>Hash</b>                                    | 6 |
| <b>Cheesy Hash</b>                             | 8 |
| <b>Side Salad</b>                              | 6 |
| <b>Garlic Roasted Cauliflower and Broccoli</b> | 8 |
| <b>Whipped Mash</b>                            | 6 |
| <b>Grilled Veggie Medley</b>                   | 8 |

OUR PARMESAN IS 6-HOUR CHEESE

ALL LETTUCE IS BODEK OR POSITIVE BRAND



**BURGERS**

COMES WITH PICKLES AND HOUSEMADE CHIPS

- Tuna Chopped Cheese** 22  
*sushi grade tuna burger, melted american, lettuce, tomato, onion, pickles, spicy mayo*
- Asian Salmon Burger** 22  
*ginger, garlic, chives, grated onion, sour pickle, wasabi mayo*
- Ottimo Veggie Burger** 19  
*quinoa veggie burger, fresh guac, lettuce, tomatoes, onions*
- Crispy Fish** 18  
*panko crusted flounder, LTO, sour pickle, homemade tartar sauce*

**SNACKS**

- Steak Fries** 7  
*house cut, garlic mayo, ketchup*
- Sweet Potato Fries** 8  
*orange honey sauce, ketchup*
- Spinach Dip** 14  
*creamed spinach, roasted garlic, melted mozzarella, tortilla chips*
- Nacho Bowl** 13  
*house cheese blend, black beans, tomato, onion, pickled jalapenos, guac, sour cream, salsa, cheese sauce*
- Potato Tots** 13  
*whipped potato, mozzarella, cheddar, ranch sauce*
- PB&J Snack** 8  
*crispy bread, crushed peanut, berry compote, breaded and fried*
- Fried Mozzarella Bites** 8  
*mozzarella cheese in crispy bread, breaded and fried, house marinara dipping sauce*
- Edamame** 9  
*steamed soybean, sea salt, spicy mayo, tea infused honey dipping sauces*
- Mac n Cheese Eggroll** 13  
*house cheese blend, touch of marinara*
- Eggplant Fries** 8  
*breaded eggplant sticks, parmesan cheese, marinara dipping sauce*

**WOOD FIRE PIZZA**

IN OUR CUSTOM-MADE WOOD PIZZA OVEN, BURNS UP TO 1000°F!

- Classic** 12  
*mozzarella, marinara*
- Margarita** 14  
*fresh mozzarella, tomato sauce, basil*
- Wild Mushroom** 16  
*roasted mushroom and garlic, mozzarella, tomato sauce*
- Jalapeño and Onion** 16  
*roasted, mozzarella, garlic, white sauce*
- Blanca and Garlic** 17  
*roasted garlic, mozzarella, ricotta, herbs, white sauce*
- Pesto** 17  
*fresh mozzarella, marinara, pesto, dollop of ricotta*
- Fire Roasted Salsa** 17  
*tomatoes, onions, mozzarella, feta, housemade salsa*
- Truffle Mushroom** 17  
*truffle cream, fresh mozzarella, house mushroom mix, truffle oil*
- Broccoli Cheddar** 17  
*roasted garlic, fresh mozzarella, pink sauce or marinara*

**SALADS**

- Caesar** 13  
*grated parm, garlic croutons*
- Greek** 14  
*cucumbers, tomatoes, red onion, red pepper, black olives, feta, red wine vinaigrette*
- House** 16  
*red grapes, avocado, orange, candied walnuts, fresh mozzarella, balsamic vinaigrette*
- Asparagus Mushroom** 16  
*cooked and raw mushrooms, white asparagus, warm crispy potato, feta, balsamic vinaigrette*
- Southern Cobb** 16  
*deviled egg, smoked mozzarella, avocado, diced tomato, red onion, avocado ranch dressing*
- Grain Bowl (NO LETTUCE)** 16  
*quinoa, butternut squash, mushrooms, onions, tomatoes, zucchini, feta cheese*
- Tuna Poke** 17  
*tuna salad, quinoa, zoodles, edamame beans, sliced almonds, dried cranberries, carrot, onion, tomato, sweet and spicy asian dressing*
- Beet Avocado** 16  
*tomato, red onion, orange segments, cashews, goat cheese, creamy orange dressing*
- Nicoise** 20  
*seared tuna, mushroom, tomato, crispy chickpeas, poached egg, lemon oil dressing*
- Quinoa Portabella Salad** 15  
*crisp romaine, portabella mushrooms, toasted quinoa, roasted peppers, feta cheese, roasted pepper dressing*

**DESSERTS**

- Cinnamon Tossed Doughnuts** 10  
*vanilla whipped cream, chocolate sauce, caramel*
- Chocolate Chip Cheesecake** 10  
*chocolate chip crusted, finished with caramel, fresh whipped cream*
- S'mores Pizza** 12  
*chocolate sauce, charred marshmallow, graham crackers*
- Apple Pie Pizza** 12  
*candied apple, caramel, vanilla ice cream*
- Skillet Brownies** 12  
*baked to order, served a la mode*
- Holy Ice Cream Sundae** 12  
*three scoops ice cream, seasonal fruit, hazelnut waffle sauce, whipped cream, chocolate sauce*

**HOT DRINKS**

- Cappuccino** 5  
*caramel / hazelnut / french vanilla*
- Latte** 5  
*caramel / hazelnut / french vanilla*
- Hot Chocolate** 6
- Brewed Coffee** 3

**COLD DRINKS**

- Iced Cappuccino / Iced Latte** 5  
*caramel / hazelnut / french vanilla*
- Cold Brew Ice Coffee** 5  
*caramel / hazelnut / french vanilla*
- Caramel Frappuccino** 6
- Milkshake** 6  
*caramel / vanilla / chocolate*
- Limonana** 5
- Affogato** 6  
*shot of espresso, scoop ice cream, whip*
- Bottle from Fridge** 3

