



## OMELETTES

SERVED WITH CHOICE OF:  
SOURDOUGH / WHOLE GRAIN /  
BAGUETTE / WRAP (WHITE OR WW)  
AND CHOICE OF: HASH / SIDE SALAD

<b>Spinach</b>	12
<i>spinach, onion, mozzarella</i>	
<b>Mushroom and Goat Cheese</b>	12
<i>tomato, herbs</i>	
<b>Lox and Onion</b>	14
<i>house cured salmon, onion, whipped cheese</i>	
<b>Avocado</b>	12
<i>tomato, onion, cheddar</i>	
<b>Asparagus</b>	12
<i>tomato, onion, feta</i>	
<b>Jalapeño Cheddar</b>	12
<i>potato, pepper, onion</i>	
<b>Build your own Egg</b>	12
<i>over easy / over hard / sunny side / scramble / poached / eggwhites</i>	

## BENEDICTS

SERVED WITH CHOICE OF:  
HASH / SIDE SALAD

<b>Lox</b>	17
<i>house cured lox, poached eggs, hollandaise, toasted english muffin</i>	
<b>Florentine</b>	15
<i>sauteed spinach, poached eggs, hollandaise, toasted english muffin</i>	
<b>California</b>	15
<i>sliced avocado, poached eggs, tomato, hollandaise, toasted english muffin</i>	
<b>Umami</b>	15
<i>slow roasted tomatoes, poached eggs, whipped cream cheese, hollandaise, toasted english muffin</i>	

## PANCAKES

POWDERED SUGAR,  
MAPLE SYRUP AND BUTTER  
CHOOSE YOUR TOPPING:

<b>Blueberry / Strawberry / Banana / Caramel / Chocolate Chip / Fruity Pebbles</b>	12
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## STUFFED FRENCH TOAST

POWDERED SUGAR,  
MAPLE SYRUP AND BUTTER  
CHOOSE YOUR TOPPING:

<b>Blueberry / Strawberry / Banana / Chocolate / Caramel</b>	12
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## CAFO SPECIALS

<b>The Breakfast Sandwich</b>	12	<b>Shakshuka</b>	16	<b>Fish n Chips</b>	18
<i>brioche bun, 3 egg scramble, melted american, hash, avocado, spicy mayo</i>		<i>sauteed peppers and onions, homemade sauce, poached egg, whipped za'atar cream cheese, za'atar pita</i>		<i>panko crusted flounder, homemade fries, tartar sauce, spicy mayo</i>	
<b>Hungry Hippo Breakfast</b>	19	<b>Granola and Yogurt</b>	15	<b>Baked Egg</b>	12
<i>5-egg scramble, veggies, melted american, crispy hash cake, homemade salsa, sour cream</i>		<i>homemade granola, greek yogurt, seasonal fruit, hazelnut spread</i>		<i>fluffy baked egg, tomato, mozzarella, spinach, salsa verde</i>	

## PASTA

<b>Penne a la Vodka</b>	20
<i>classic pink vodka sauce, grated parm</i>	
<b>Penne Pesto</b>	20
<i>tomato, pesto, grated parm</i>	
<b>Fettuccine Alfredo</b>	20
<i>classic white alfredo sauce, grated parm</i>	
<b>Baked Shells</b>	20
<i>ricotta, mozzarella, charred eggplant, grated parm, pink sauce</i>	
<b>Mac n Cheese</b>	20
<i>three cheese blend, season crispy bread crumb topping</i>	
<b>Zucchini Spaghetti</b>	22
<i>zoodles, tomato, garlic, choice of marinara or cream sauce</i>	
<b>Eggplant Rollatini</b>	22
<i>grilled eggplant, stuffed with spaghetti squash, mozzarella, marsala marinara</i>	
<b>Ricotta Ravioli</b>	22
<i>choice of white, pink, marinara, or pesto sauce</i>	
<b>Mushroom Cheese Ravioli</b>	22
<i>choice of white, pink, marinara, or pesto sauce</i>	
<b>Eggplant Parmesan</b>	22
<i>crispy eggplant, melted fresh mozzarella, marinara, grated parm</i>	

## TOASTS AND MELTS

CHOOSE SOURDOUGH, WHOLE GRAIN,  
REG, WW OR GF WRAP, OR  
**NEW!** CROISSANT

COMES WITH HOMEMADE CHIPS

<b>Avocado Toast</b>	13
<i>smashed avocado, everything spice, smoked paprika, evoo</i>	
· add egg, any style	2
· add lox	4
<b>French Onion Melt</b>	15
<i>slow cooked sweet onion, swiss, mozzarella</i>	
<b>Mac n Cheese Melt</b>	15
<i>house cheese blend, herbs</i>	
<b>Grilled Cheese Melt</b>	15
<i>smoked mozzarella, american, cheddar</i>	
<b>Tuna Melt</b>	15
<i>cheddar, grilled tomato</i>	
<b>Old School Tuna Sandwich</b>	12
<i>romaine lettuce, grilled tomato</i>	
<b>Tomato Mozzarella Melt</b>	15
<i>fresh mozzarella, sliced tomato, pesto, marinara</i>	
<b>Mushroom and Swiss Melt</b>	15
<i>roasted mushrooms, swiss cheese</i>	
<b>Lox and Cream Cheese Toast</b>	15
<i>house cured salmon, whipped cream cheese, capers, chives and touch of lemon</i>	
<b>Veggie Bruschetta Toast</b>	15
<i>tomato, zucchini, red onion, garlic, basil, olive oil, balsamic reduction</i>	

## TACOS & QUESADILLAS

<b>Crunchy Breakfast Taco</b>	12
<i>crispy tortilla, scrambled egg, tomato salsa, fresh guac, three cheese blend</i>	
<b>Tuna Taco</b>	15
<i>pan seared, pico de gallo, sweet soy glaze, wasabi mayo, pickled jalapeño</i>	
<b>Crispy Flounder Taco</b>	15
<i>homemade soft corn shell, panko crusted flounder, fresh guac, diced tomato salsa, sour cream, pickled red onion</i>	
<b>Blackened Salmon Taco</b>	15
<i>homemade soft corn shell, blackened salmon, fresh guac, asian cabbage slaw, spicy mayo</i>	
<b>Mushroom Quesadilla</b>	15
<i>three cheese blend, roasted mushroom and corn, tomato, onion, sides of guac, sour cream, and salsa</i>	
<b>Spinach Quesadilla</b>	15
<i>spinach, onion, tomato, mozzarella, marinara, side of guac</i>	

## SOUPS

<b>Cream of the Day</b>	8
<b>Veggie of the Day</b>	6

A SERVICE FEE OF 8% WILL BE  
ADDED TO YOUR DINE-IN ORDER

OUR PARMESAN IS 6-HOUR CHEESE

ALL LETTUCE IS BODEK  
OR POSITIVE BRAND



## FISH

6 OZ., NO SIDES, COOKED TO YOUR PREFERRED TEMPERATURE

CHOOSE FROM SWEET N SOUR GLAZE, HOLLANDAISE OR TARTAR SAUCE

Grilled Salmon	12
Smoky Mediterranean Salmon	12
Grilled Barramundi	14
Smoky Mediterranean Tuna Steak	14
Sesame Crusted Tuna Steak	14
Pepper Crusted Tuna Steak	14

## SIDES

Hash	6
Cheesy Hash	8
Side Salad	6
Roasted Mushrooms	8
Herb Roasted Potatoes	8
Cauliflower and Broccoli	10
Grilled Veggie Medley	10

## SNACKS

Steak Fries <i>house cut, garlic mayo, ketchup</i>	7
Sweet Potato Fries <i>orange honey sauce, ketchup</i>	8
Truffle Parmesan Fries <i>white truffle oil, grated parm, zaatar spice</i>	10
Spinach Dip <i>creamed spinach, roasted garlic, melted mozzarella, tortilla chips</i>	14
Nacho Bowl <i>house cheese blend, black beans, tomato, onion, pickled jalapenos, guac, sour cream, salsa, cheese sauce</i> • add egg, any style	13 2
Potato Tots <i>whipped potato, mozzarella, cheddar, ranch sauce</i>	13
PB&J Snack <i>crispy bread, crushed peanut, berry compote, breaded and fried</i>	8
Fried Mozzarella Bites <i>mozzarella cheese in crispy bread, breaded and fried, house marinara dipping sauce</i>	9
Edamame <i>steamed soybean, sea salt, spicy mayo, tea infused honey dipping sauces</i>	9
Mac n Cheese Eggroll <i>house cheese blend, touch of marinara</i>	13
Eggplant Fries <i>breaded eggplant sticks, parmesan cheese, marinara dipping sauce</i>	8
Cauliflower Broccoli Gratin <i>charred cauliflower and broccoli, melted three cheese blend, fresh herbs</i>	13
Stuffed Portabella <i>spinach, mozzarella, marinara</i>	13

## BURGERS & FISH SANDWICHES

COMES WITH PICKLES AND HOUSEMADE CHIPS, CHOOSE BUN OR WRAP

Asian Salmon Burger <i>ginger, garlic, chives, grated onion, sour pickle, wasabi mayo</i>	22
Ottimo Veggie Burger <i>quinoa veggie burger, fresh guac, lettuce, tomato, onion</i>	19
Crispy Fish <i>panko crusted flounder, LTO, sour pickle, homemade tartar sauce</i>	18
Seared Tuna <i>seared tuna, LTO, pickle, garlic mayo</i>	22
Seared Salmon <i>seared salmon, LTO, guac, spicy mayo</i>	22

## SALADS

Caesar <i>grated parm, garlic croutons</i>	14
Greek <i>cucumbers, tomatoes, red onion, red pepper, black olives, feta, red wine vinaigrette</i>	16
Sweet Potato Waldorf <i>summer crisp lettuce, raisins, roasted almonds, warm sweet potato, tomato, red onion, feta, creamy garlic dressing</i>	18
Asparagus Mushroom <i>cooked and raw mushrooms, white asparagus, warm crispy potato, feta, balsamic vinaigrette</i>	16
Southern Cobb <i>deviled egg, smoked mozzarella, avocado, diced tomato, red onion, avocado ranch dressing</i>	16
Grain Bowl (NO LETTUCE) <i>quinoa, butternut squash, mushrooms, onions, tomatoes, zucchini, feta cheese</i>	16
Tuna Poke <i>tuna salad, quinoa, zoodles, edamame beans, sliced almonds, dried cranberries, carrot, onion, tomato, sweet and spicy asian dressing</i>	18
Beet Avocado <i>summer crisp lettuce, roasted beets, avocado, cashews, red onion, tomato, goat cheese, balsamic vinaigrette</i>	18
Nicoise <i>summer crisp lettuce, seared tuna, mushroom, tomato, crispy chickpeas, poached egg, lemon oil dressing</i>	22
Quinoa Portabella Salad <i>crisp romaine, portabella mushrooms, toasted quinoa, roasted peppers, feta cheese, roasted pepper dressing</i>	16

## WOOD FIRE PIZZA

IN OUR CUSTOM-MADE WOOD PIZZA OVEN, BURNS UP TO 1000°F!

Classic <i>mozzarella, marinara</i>	12
Margarita <i>fresh mozzarella, tomato sauce, basil</i>	14
Wild Mushroom <i>roasted mushroom and garlic, mozzarella, tomato sauce</i>	16
Jalapeño and Onion <i>roasted, mozzarella, garlic, white sauce</i>	16
Blanca and Garlic <i>roasted garlic, mozzarella, ricotta, herbs, white sauce</i>	17
Truffle Mushroom <i>truffle cream, mozzarella, house mushroom mix, truffle oil</i>	17
Smoky Tomato Cheddar <i>white cheddar, homemade mozzarella, smoky marinara, grated parm</i>	17
Grilled Veggie <i>mushroom, zucchini, eggplant, onions, marinara, light mozzarella</i>	17
Eggplant Parmesan <i>crispy eggplant, homemade mozzarella, marinara, grated parm</i>	17

## DESSERTS

Cinnamon Tossed Doughnuts <i>vanilla whipped cream, chocolate sauce, caramel</i>	10
Chocolate Chip Cheesecake <i>chocolate chip crusted, finished with caramel, fresh whipped cream</i>	10
S'mores Pizza <i>chocolate sauce, charred marshmallow, graham crackers</i>	12
Skillet Brownies <i>baked to order, served a la mode</i>	12

Ask about our daily Pastry Specials

## DRINKS HOT

Cappuccino <i>caramel / hazelnut / french vanilla</i>	5
Latte <i>caramel / hazelnut / french vanilla</i>	5
Hot Chocolate	6
Brewed Coffee	3

## DRINKS COLD

Iced Cappuccino / Iced Latte <i>caramel / hazelnut / french vanilla</i>	5
Cold Brew Ice Coffee <i>caramel / hazelnut / french vanilla</i>	5
Caramel Frappuccino	6
Milkshake <i>caramel / vanilla / chocolate</i>	6
Limonana	5
Affogato <i>shot of espresso, scoop ice cream, whip</i>	6
Bottle from Fridge / Water	3/2