



OMELETTES

SERVED WITH CHOICE OF:
SOURDOUGH / WHOLE GRAIN /
BAGUETTE / WRAP (WHITE OR WW)
AND CHOICE OF: HASH / SIDE SALAD

Spinach	12
<i>spinach, onion, mozzarella</i>	
Mushroom and Goat Cheese	12
<i>tomato, herbs</i>	
Lox and Onion	14
<i>house cured salmon, onion, whipped cheese</i>	
Avocado	12
<i>tomato, onion, cheddar</i>	
Asparagus	12
<i>tomato, onion, feta</i>	
Jalapeño Cheddar	12
<i>potato, pepper, onion</i>	
<hr/>	
Build your own Egg	12
<i>over easy / over hard / sunny side / scramble / poached / eggwhites</i>	

BENEDICTS

SERVED WITH CHOICE OF:
HASH / SIDE SALAD

Lox	16
<i>house cured lox, poached eggs, hollandaise, toasted english muffin</i>	
Florentine	15
<i>sautéed spinach, poached eggs, hollandaise, toasted english muffin</i>	
California	15
<i>sliced avocado, poached eggs, tomato, hollandaise, toasted english muffin</i>	

PANCAKES

POWDERED SUGAR,
MAPLE SYRUP AND BUTTER
CHOOSE YOUR TOPPING:

Blueberry / Strawberry / Banana / Caramel / Chocolate Chip / Fruity Pebbles	12
--	----

FRENCH TOAST

POWDERED SUGAR,
MAPLE SYRUP AND BUTTER
CHOOSE YOUR TOPPING:

Blueberry / Strawberry / Banana / Chocolate / Caramel	12
--	----

CAFO SPECIALS

Breakfast Nachos	15	Hungry Hippo Breakfast	19	Granola and Yogurt	15
<i>eggs any style, black beans, pickled jalapeño, pico de gallo, sour cream, salsa, homemade cheese sauce</i>		<i>5-egg scramble, veggies, melted american, crispy hash cake, homemade salsa, sour cream</i>		<i>homemade granola, greek yogurt, seasonal fruit, hazelnut spread</i>	
The Breakfast Sandwich	12	Shakshuka	16		
<i>brioche bun, 3 egg scramble, melted american, hash, avocado, spicy mayo</i>		<i>sautéed peppers and onions, homemade sauce, poached egg, whipped za'atar cream cheese, za'atar pita</i>			

PASTA

Penne a la Vodka	19
<i>classic pink vodka sauce, grated parm</i>	
Fettuccine Alfredo	20
<i>classic white alfredo sauce, grated parm</i>	
Baked Shells	20
<i>ricotta, mozzarella, charred eggplant, grated parm, pink sauce</i>	
Mac n Cheese	18
<i>three cheese blend, season crispy bread crumb topping</i>	
Zucchini Spaghetti	22
<i>zoodles, tomato, garlic, choice of marinara or cream sauce</i>	
Eggplant Rollatini	22
<i>grilled eggplant, stuffed with spaghetti squash, mozzarella, marsala marinara</i>	
Mushroom Ravioli	22
<i>filled with ricotta, mozzarella, roasted mushroom, choice of white, pink or marinara sauce</i>	
Eggplant Parmesan	22
<i>crispy eggplant, melted fresh mozzarella, marinara, grated parm</i>	
Pappardelle	22
<i>house-made tomato herb pasta, sundried tomato cream sauce with roasted red peppers</i>	

TOASTS AND MELTS

CHOOSE SOURDOUGH, WHOLE GRAIN,
REG, WW OR GF WRAP

COMES WITH HOMEMADE CHIPS

Avocado Toast	12
<i>smashed avocado, everything spice, smoked paprika, evoo</i>	
· add egg, any style	2
· add lox	4
French Onion Melt	13
<i>slow cooked sweet onion, swiss, mozzarella</i>	
Mac n Cheese Melt	13
<i>house cheese blend, herbs</i>	
Grilled Cheese Melt	13
<i>smoked mozzarella, american, cheddar</i>	
Tuna Melt	13
<i>cheddar, grilled tomato</i>	
Old School Tuna Sandwich	11
<i>romaine lettuce, grilled tomato</i>	
Tomato Mozzarella Melt	13
<i>fresh mozzarella, sliced tomato, basil</i>	
Mushroom and Swiss Melt	13
<i>roasted mushrooms, swiss cheese</i>	
Lox and Cream Cheese Toast	15
<i>house cured salmon, whipped cream cheese, capers, chives and touch of lemon</i>	
Veggie Bruschetta Toast	15
<i>tomato, zucchini, red onion, garlic, basil, olive oil, balsamic reduction</i>	

OFF THE GRIDDLE

Crispy Flounder Taco	15
<i>homemade soft corn shell, panko crusted flounder, fresh guac, diced tomato salsa, sour cream, pickled red onion</i>	
Blackened Salmon Taco	15
<i>homemade soft corn shell, blackened salmon, fresh guac, asian cabbage slaw, spicy mayo</i>	
Mushroom Quesadilla	15
<i>three cheese blend, roasted mushroom and corn, tomato, onion, sides of guac, sour cream, and salsa</i>	
Spinach Quesadilla	15
<i>spinach, onion, tomato, mozzarella, marinara, side of guac</i>	

SOUPS

Cream of the Day	7
Veggie of the Day	6

OUR PARMESAN IS
6-HOUR CHEESE

ALL LETTUCE IS BODEK
OR POSITIVE BRAND



FISH

6 OZ., NO SIDES, COOKED TO YOUR PREFERRED TEMPERATURE

CHOOSE FROM BBQ, HONEY MUSTARD OR TARTAR SAUCE

Grilled Salmon	12
Cajun Spiced Salmon	12
Grilled Barramundi	14
Cajun Spiced Tuna Steak	14
Sesame Crusted Tuna Steak	14
Pepper Crusted Tuna Steak	14

SIDES

Hash	6
Cheesy Hash	8
Side Salad	6
Garlic Roasted Cauliflower and Broccoli	8
Whipped Mash	6
Grilled Veggie Medley	8

SNACKS

Steak Fries <i>house cut, garlic mayo, ketchup</i>	7
Sweet Potato Fries <i>orange honey sauce, ketchup</i>	8
Spinach Dip <i>creamed spinach, roasted garlic, melted mozzarella, tortilla chips</i>	14
Nacho Bowl <i>house cheese blend, black beans, tomato, onion, pickled jalapenos, guac, sour cream, salsa, cheese sauce</i>	13
Potato Tots <i>whipped potato, mozzarella, cheddar, ranch sauce</i>	13
PB&J Snack <i>crispy bread, crushed peanut, berry compote, breaded and fried</i>	8
Fried Mozzarella Bites <i>mozzarella cheese in crispy bread, breaded and fried, house marinara dipping sauce</i>	8
Edamame <i>steamed soybean, sea salt, spicy mayo, tea infused honey dipping sauces</i>	9
Mac n Cheese Eggroll <i>house cheese blend, touch of marinara</i>	13
Eggplant Fries <i>breaded eggplant sticks, parmesan cheese, marinara dipping sauce</i>	8

BURGERS

COMES WITH PICKLES AND HOUSEMADE CHIPS

Tuna Chopped Cheese <i>sushi grade tuna burger, melted american, lettuce, tomato, onion, pickles, spicy mayo</i>	22
Asian Salmon Burger <i>ginger, garlic, chives, grated onion, sour pickle, wasabi mayo</i>	22
Ottimo Veggie Burger <i>quinoa veggie burger, fresh guac, lettuce, tomato, onion</i>	19
Crispy Fish <i>panko crusted flounder, LTO, sour pickle, homemade tartar sauce</i>	18

SALADS

Caesar <i>grated parm, garlic croutons</i>	13
Greek <i>cucumbers, tomatoes, red onion, red pepper, black olives, feta, red wine vinaigrette</i>	14
House <i>red grapes, avocado, orange, candied walnuts, fresh mozzarella, balsamic vinaigrette</i>	16
Asparagus Mushroom <i>cooked and raw mushrooms, white asparagus, warm crispy potato, feta, balsamic vinaigrette</i>	16
Southern Cobb <i>deviled egg, smoked mozzarella, avocado, diced tomato, red onion, avocado ranch dressing</i>	16
Grain Bowl <i>quinoa, butternut squash, mushrooms, onions, tomatoes, zucchini, feta cheese (NO LETTUCE)</i>	16
Tuna Poke <i>tuna salad, quinoa, zoodles, edamame beans, sliced almonds, dried cranberries, carrot, onion, tomato, sweet and spicy asian dressing</i>	17
Beet Avocado <i>tomato, red onion, orange segments, cashews, goat cheese, creamy orange dressing</i>	16
Nicoise <i>seared tuna, mushroom, tomato, crispy chickpeas, poached egg, lemon oil dressing</i>	20
Quinoa Portabella Salad <i>crisp romaine, portabella mushrooms, toasted quinoa, roasted peppers, feta cheese, roasted pepper dressing</i>	15

WOOD FIRE PIZZA

IN OUR CUSTOM-MADE WOOD PIZZA OVEN, BURNS UP TO 1000°F!

Classic <i>mozzarella, marinara</i>	12
Margarita <i>fresh mozzarella, tomato sauce, basil</i>	14
Wild Mushroom <i>roasted mushroom and garlic, mozzarella, tomato sauce</i>	16
Jalapeño and Onion <i>roasted, mozzarella, garlic, white sauce</i>	16
Blanca and Garlic <i>roasted garlic, mozzarella, ricotta, herbs, white sauce</i>	17
Pesto <i>fresh mozzarella, marinara, pesto, dollop of ricotta</i>	17
Fire Roasted Salsa <i>tomatoes, onions, mozzarella, feta, housemade salsa</i>	17
Truffle Mushroom <i>truffle cream, fresh mozzarella, house mushroom mix, truffle oil</i>	17
Broccoli Cheddar <i>roasted garlic, fresh mozzarella, pink sauce or marinara</i>	17

DESSERTS

Cinnamon Tossed Doughnuts <i>vanilla whipped cream, chocolate sauce, caramel</i>	10
Chocolate Chip Cheesecake <i>chocolate chip crusted, finished with caramel, fresh whipped cream</i>	10
S'mores Pizza <i>chocolate sauce, charred marshmallow, graham crackers</i>	12
Apple Pie Pizza <i>candied apples, caramel, vanilla ice cream</i>	12
Skillet Brownies <i>baked to order, served a la mode</i>	12
Holy Ice Cream Sundae <i>three scoops ice cream, seasonal fruit, hazelnut waffle sauce, whipped cream, chocolate sauce</i>	12

DRINKS HOT

Cappuccino <i>caramel / hazelnut / french vanilla</i>	5
Latte <i>caramel / hazelnut / french vanilla</i>	5
Hot Chocolate	6
Brewed Coffee	3

DRINKS COLD

Iced Cappuccino / Iced Latte <i>caramel / hazelnut / french vanilla</i>	5
Cold Brew Ice Coffee <i>caramel / hazelnut / french vanilla</i>	5
Caramel Frappuccino	6
Milkshake <i>caramel / vanilla / chocolate</i>	6
Limonana	5
Affogato <i>shot of espresso, scoop ice cream, whip</i>	6
Bottle from Fridge	3